

## FRAILTY CERTIFICATION PROGRAM

Improve Quality of Care and Quality of Life

## Thank you for completing the Frailty Certification Course

Each of us live on a physiological continuum, somewhere between fitness and frailty, vitality or vulnerability. As you have learned from the frailty course, functioning as a provider or caregiver for older and frail adults, no matter their setting, you can make a difference in their degree of risk and subsequent outcomes.

Measuring the degree of frailty present, in yourself and your patients, will allow you to be proactive in addressing the risk and even lowering the degree of frailty present.



If you are interested in assessing Frailty, for yourself or someone else, we offer this link to a complimentary, setting specific, frailty assessment.

Click here for Frailty Risk Assessment Tool >>



If you are interested in assessing a patient for Frailty, but have no readily available assessment tool, we offer this link to a complimentary frailty screening tool. You will recognize this frailty screening tool from the course.

## Click to download article >>

The "Clinical Frailty Scale" (CFS) is a frequently cited, widely validated, frailty screening tool. The link above will provide a recent article on this tool and the actual CFS with information on how to complete and implement its information.

Contact us to learn more how Frailty Certification can lead to improved quality and positive outcomes.



